

# Reflections

"SPA AND CAFE BAR"  
AT PONTLANDS PARK HOTEL

## Reflections Spa

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## Public Transport



**By Rail, Chelmsford Station.**  
Approximately 10 minutes taxi ride away.  
For information on train operators and times phone National Rail Enquiries on 0845 7484950.



**By Air, Stansted Airport.**  
Approximately 30 minutes drive away.

