

# Meals

## All Day Snacks

Served from 7.30am, last orders 1 hour before closing

Toasted Tea Cake or 2 Toasted Crumpets with Butter & Preserves*	<b>£2.20</b>
1 Slice of Toast with Butter & Preserve*	<b>£1.30</b>
1 Slice of Toast with Butter	<b>£0.90</b>
Cake / Cupcake of the Day	from <b>£2.50</b>
Bacon Sandwich	<b>£4.00</b>
2 Slices of Cheese on Toast*	<b>£3.30</b>
Baked Beans on 2 Slices of Toast*	<b>£3.30</b>

\*Add a Tea or Coffee for only £1.20

Kettle Crisps	<b>£1.30</b>
Chocolate Bars	from <b>£1.15</b>
Ice Creams	from <b>£2.00</b>

## Jacket Potatoes & Salads

Served from 12 noon with last orders at 3pm

Jacket Potato with Butter	<b>£3.10</b>
Salad Bowl	<b>£2.50</b>

### Add your toppings...

Cheddar Cheese	<b>£1.10</b>
Coleslaw	<b>£1.10</b>
Baked Beans	<b>£1.10</b>
Chilli	<b>£2.15</b>
Coronation Chicken	<b>£2.15</b>
Tuna, Sweetcorn & Mayonaise	<b>£2.15</b>
Add a side salad	<b>£0.90</b>

## Sandwiches

Served from 12 noon with last orders at 3pm

Choose from white or wholemeal thick sliced bread or a baguette served with crisps  
Also available toasted.

Cheddar Cheese (with Tomato, Pickle or Red Onion)	<b>£3.85</b>
Roast Ham	<b>£4.10</b>
(with Tomato, Pickle or Mustard)	
BLT	<b>£4.00</b>
Egg Mayonnaise	<b>£3.85</b>
Tuna, Sweetcorn & Mayonaise	<b>£4.25</b>
Coronation Chicken	<b>£4.60</b>
Add a side salad	<b>£0.90</b>
Baguette with Butter	<b>£1.10</b>

## Ciabatta

Served from 12 noon with last orders at 3pm

Mozzarella, Tomato & Pesto	<b>£4.35</b>
Ham & Cheese	<b>£4.35</b>
Tuna & Cheese	<b>£4.50</b>
Chicken, Cheddar, Bacon & BBQ Sauce	<b>£4.85</b>
Bacon, Brie & Cranberry	<b>£4.85</b>
Add a side salad	<b>£0.90</b>

Monday to Friday from 6pm until 1 hour before closing time some of the lunch items will be available, please ask staff for today's selection.

Before ordering please speak to our staff if you have a food allergy or intolerance.

All prices include VAT at the current rate.

# Reflections

# Drinks

## Hot

Espresso	£1.60
Americano	£1.80
Cappuccino	
Latte	£2.15
Hot Chocolate with Marshmallow and cream	extra £0.50
Teas	
Ask for selection	£1.80

Pot **£2.20** Max. 2

All tea and coffee available in decaffeinated.  
All available with skimmed or semi-skimmed milk.

Hot Water with Lemon **£0.50**

## Thirst Quenchers

Milkshakes made with Ice Cream	
Fruit Smoothies/Frappé	from <b>£3.00</b>
Ask for selection and prices	

## Canned Soft Drinks

Ask for selection	
All 330ml	<b>£1.75</b>

## Mineral Waters

Aqua Juice (various flavours) 330ml	<b>£1.75</b>
Sparkling Water 330ml	<b>£1.60</b>
Still Water 500ml	<b>£1.85</b>

## Fruit Juices

Juices 150ml	<b>£1.40</b>
J20 275ml	<b>£2.10</b>
Fruit Shoots	<b>£1.40</b>
Jug of Orange Juice 1ltr	<b>£5.00</b>

## Bar Tariff - Beers

Canned Lagers & Bitters 500ml	from <b>£4.00</b>
Ask for selection and prices	

## Bar Tariff - Wines

House Red, White or Rosé 187ml	from <b>£4.50</b>
House Red, White or Rosé 750ml	from <b>£13.00</b>
House Sparkling Wine 750ml	from <b>£18.50</b>
Prosecco Rose 750ml	from <b>£23.50</b>
House Champagne 750ml	from <b>£30.00</b>

Please ask staff for details of the ABV of the alcoholic drinks available

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# Reflections